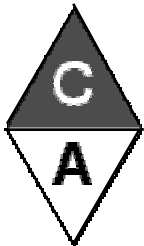


CAPS

The All Catalina Association of Puget Sound

RENOWNED AUTHOR TO BE GUEST SPEAKER IN FEBRUARY (SEE REVIEW OF LATEST BOOK ON P. 7)



- **Red Wine and Chocolate still reigns in Prosser**
- **Good-natured ribbing at banquet**
- **Don't miss Migael Scherer on Feb. 6**
- **C30s should make sure disconnects aren't in billgewater**

CAPS has a great program scheduled for February. **Migael Scherer**, author of *A Cruising Guide to Puget Sound*, *Sailing to Simplicity*, *Still Loved by the Sun: A Rape Survivor's Journal*, and *Back Under Sail Recovering the Spirit of Adventure* will be our guest speaker. Someone from a bookstore will bring her books to sell to the group. She'll be talking about several aspects of her sailing experience, including living aboard, racing in the Around Admiralty Island Race in Alaska, and her cruising guide [*A well-thumbed part of our on-board library. Ed.*].

The meeting will still be at the Leschi facility of Corinthian Yacht Club at 7 PM [*It's our last year, so be keeping your ears open for a new FREE meeting place! Ed.*]. BYOB for the social hour; the meeting part will be at 7:30, with the program

immediately thereafter. Here's the bad news — the Leschi Lake Café will be closed this month and reopen March 10 as the Bluewater Bistro (just in time for the next meeting). If you want to eat nearby either before or after the meeting you'll have to do it at Daniel's Restaurant, one block north.

Something else you want to remember, if you haven't already done so by then — **BRING YOUR CHECKBOOK TO PAY YOUR 2004 DUES.** CAPS is pretty lenient, but it starts to get desperate if the pittance membership fees don't start rolling in during the first few months. The cut-off for *Mainsheet* is April 10, so don't make this next one your last issue. Rosters are printed in May and by then the membership is cast in bronze....

SEE YOU AT THE MEETING

OFFICERS MEET IN REDMOND IN DECEMBER TO DETERMINE YOUR 2004 CAPS SCHEDULE

Somewhere in the middle of the holiday craziness, Gordon Ellis, your new Commodore, and Cynthia Jones, his indefatigable First Mate, hosted a meeting of the new (shuffled and recycled) officers for CAPS 2004. It's a tightly-knit group of die-hards who are willing to keep this organization running. We all benefit, but it isn't always easy!

The meeting starts with a blank calendar. First CYC has to be approached with the proposed dates of our meetings at the Leschi facility. Then the date of the Northwest Catalina Regatta has to be

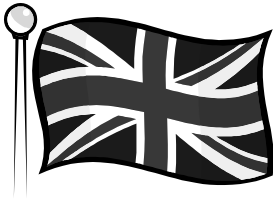
hashed out. This year, because the Shilshole facility is booked far in advance, many emails went flying though cyberspace before the July 3 date could be pinned down. Because actual attendance at meetings was down, they've reduced the number of potlucks, and are working hard on new speakers to lure you to back. The consensus about cruises was "If it ain't broke, don't fix it!" so the locales haven't changed at all. ***Your input is always valued***, so if you have any ideas for programs, please let Dick Eagle know your suggestions.

CONTENTS

Commodore's Corner	2
Upland Cruise	3
Officer Roster	3
EnCAPSulated Calendar	4
Awards Banquet	5
CAPS 2004 Race Series	6
C30 Tech Tip	6
Cruising Guide Author	7
New Year's Cruise	7
Membership Application	8

COMMODORE'S CORNER

By Gordon Ellis



Britannia is going to rule the waves this year. Did you know there are two other Brits who share Blythe Spirit?

*Gordon
still
wants a hat
like Russell
Crowe's
in
Master and
Commander!*



Unlike this guard, Gordon has been known to be quite merry!

It looks like the transition has taken place and Paul McManus has handed the reins over to me to take on the duties of Commodore of our CAPS sailing group. I kept insisting to Paul that it did not take place till the January banquet where the official hand-over took place (then I wouldn't have to write the Commodore's Corner for January) but he insisted it took place before the end of January, right after the Christmas party. So here we are in full command like the captain in the "Master and Commander" movie who relies on the crew to take on all the difficult duties, and then directs operations from the comfortable aft cabin.

I would first like to take this opportunity to wish everyone a Happy, Healthy, Prosperous and Great Sailing New Year in 2004. Also, the officers under Paul's leadership did a great job for the last year. I'm sure everyone is very appreciative of his or her efforts and thank them for a very successful year in 2003. Each event I attended was great fun, with good camaraderie, and provided increased knowledge on boat handling and seamanship. The Catalina Days event this year was a standout with lots of participation from CAPS and CATSS. I especially liked the pictures Barbara Jenkins obtained from the "photo finish" from the committee boat showing the end of one of the races. This did show the C30 sailboat **Orca** crossing the line ahead of **Blythe Spirit** coming up in the third position. I now have this picture proudly displayed in my Boeing cubicle as an action photograph. Our cruising both on the water and land (Upland Cruise) were great and thanks must go to the Host Boat participants and cruise leaders plus the ones who arranged lodging deals at the land cruise location. The officers and non-officers who assisted in each of the activities made a great year for CAPS. As always Sally Hamel was the glue that held us all together by putting out the newsletter *CAPS Eyes* before any major upcoming event and keeping us all in touch. Similarly the email mass distribution reminders from Carol McManus were also very informative. I hope she

continues this effort for last-minute changes to Sally's newsletters.

I am happy to report that Paul McManus provided us with a full slate of officers for the coming year. As Vice-Commodore we have Dick Eagle who has vast experience in CAPS and before that in his C22 association. Dick is also one of our main CYC members which allows us to use the CYC facilities each month. I look forward to working with Dick on the events we are planning for this year. Mike McCann has accepted the position of Cruising Chair again this year, Carol McManus will continue as treasurer and remain in cahoots with the past Commodore. Sally Hamel has thankfully agreed to write *CAPS Eyes* because she now has assistance with the mailing from Joy Rogers. As the past Commodore Paul McManus take on a new role as Hospitality Chair, does this mean Paul has to do a "song and dance" routine at the January Banquet? This allowed Steve Malan to kindly accept the position of Chief Measurer and Race Chairman. Barbara Jenkins will continue in the role of Historian (John Billings can finally completely retire!). We also have the continuing services of Jim Fielder as Safety Focal. I did hear from Jim that his schedule will change in the New Year so we can look forward to some Friday night safety presentations. Yours truly follows up as Commodore and I will endeavor to contact the many past Commodores for their help and assistance as we proceed throughout the year.

The new officers had a kickoff meeting during late December to set the Calendar of Events for 2004 and discuss several associated topics. We do have a tentative schedule which is 95% complete, and we reserve the right to change as the year progresses. As the dates firm up they will be added to the calendar, so for the latest, check in *CAPS Eyes* or on the web site.

Commodore's Corner Cont. on Page 3

“RED WINE AND CHOCOLATE” STILL LURE CAPS ACROSS THE MOUNTAINS TO TINY PROSSER

Red Wine and Chocolate Upland Cruise is on again in Prosser, WA, with activities this year centered at the **Inn at Horse Heaven over Valentine’s Day/President’s Day weekend in February**. This new motel has a swimming pool, hot tub and exercise room for guests. Continental breakfast comes with the room. If you want to bring your dog, ask to be in the Best Western (800-688-2192, \$10 extra). Reservations must be made directly with the Inn; call them at their toll-free number (866) 749-6127. Rooms have been blocked for CAPS at only \$69 per night; **the deadline for reservations is February 1**. After that the rooms will be released to the general public. The **Red Wine & Chocolate** fundraiser is a block away at the Grange

Hall on Friday night from 7-9 PM, with tickets at \$35 per couple. You may choose Friday, Saturday and/or Sunday nights (in case you get President’s Day off). In any case you’ll want to make the rounds of the wineries over the weekend; there are dozens to explore, and even a place to taste beer. It definitely makes for a romantic getaway weekend, and we can always find a designated driver.

Again we have changed the date of the February meeting to February 6 so it wouldn’t conflict, and be sure to mention CAPS to the people at the motel when you’re making your reservation. The word is that the Mexican Restaurant will be the venue for the group dinner which will be held Saturday evening. **Hope you can make it!**



We’ve been told to bring a truck to carry back the cases of wine that will be accumulated! This Upland Cruise could sink a battleship!

Commodore’s Corner cont. from p. 2

Officers discussed the meeting formats, length and keeping the same procedure with regard to food and drinks. We can do another Upland Cruise for the Valentines Day weekend in Prosser because our February speaker has agreed to come to a meeting on February 6. See article on page 7; we would like a good turnout for this meeting as she is an accomplished writer and covers the local waters.

Other items included keeping CAPS visible

to potential Catalina boat owners with the display of the CAPS burgee at the Seattle Boat Show with Admiralty Yacht Sales. Also we are looking into the cost of a classified ad in *48° North* as an on-going way to attract new boat owners.

I trust with everyone’s help we can make the New Year a happy sailing experience for all the CAPS members. Since joining CAPS from the C30 Fleet 6 you have made Cynthia Jones and me most welcome. I hope in return I can help CAPS extend that welcome to you and new

*You
Might
Want to
Check Out
Our Web Site
At*

Www.capsfleet1.com

THE ALL CATALINA ASSOCIATION OF PUGET SOUND

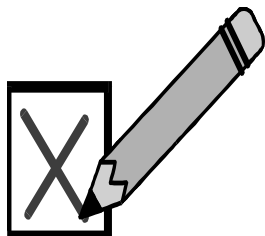
Commodore	Gordon Ellis	(425) 885-7462	gfedomino@msn.com
Vice-Commodore	Dick Eagle	(425) 885-2823	dpeagle@earthlink.net
Treasurer	Carol McManus	(206) 365-7079	pcmcmanus@comcast.net
Secretary	Sally Hamel	(206) 364-6606	sallyjohn@prodigy.net
Measurer	Steve Malan	(425) 427-4541	smalan2@comcast.net
Cruise	Mike McCann	(206) 780-5345	jadedcrew@bainbridge.net
Newsletter	Sally Hamel	(206) 364-6606	sallyjohn@prodigy.net
Hospitality	Paul McManus	(206) 365-7079	pcmcmanus@comcast.net
Safety Focal	Jim Fielder	(425) 641-9097	jimfielder@comcast.net
Historians	Barb Jenkins	(253) 852-5467	No email yet. We give up, Roger!



Doesn't this look suspiciously like last year's roster?

ENCAPSULATED CALENDAR FOR 2003

Subject to revision (speaker names will be added when booked)...



If you're writing these on your calendar, be sure to use pencil! We reserve the right to change at any time.

Changes for this calendar will show up on the Web At www.capsfleet1.com



Here we go, fiddling around with your life again!

JANUARY	FEBRUARY	MARCH
Jan. 17 Winter Social and Awards Banquet at Tony Roma's in Redmond 6:00 PM Happy Hour, No Host Bar, Hors d'Oeuvres, Dinner at 7:00, Awards 8:00	Feb. 6 <i>Monthly Meeting CYC</i> Leschi. 7:00 PM, BYOB, 7:30 Program Migael Scherer, P.S. Cruising & Alaska Feb. 13-15 Upland Cruise to Prosser, WA., more "Wine & Chocolates"	Mar. 12 <i>Monthly Meeting CYC</i> Leschi, 7:00 PM, BYOB, 7:30 Speaker Mar. 20-21 Meydenbauer Bay YC Regatta Mar. 19 Chandlery Night Fisheries Mar. 26-28 Kingston Cruise
APRIL	MAY	JUNE
Apr. 3 Sloop Tavern Blakely Rock Race Apr. 10 <i>Monthly Meeting CYC</i> Leschi, 7:00 PM (Saturday night) Western Theme Potluck Apr. 23-25 Winslow Cruise at dock	May 1 Mid-Distance Race #3 May 7 <i>Monthly Meeting CYC</i> Leschi, 7:00 PM, BYOB, 7:30 Speaker Share Cruising Plans May 23-26 CAPS & CATSS Memorial Day Cruise to Port Townsend	Jun. 4 <i>Monthly Meeting CYC*</i> Leschi, 7:00 PM, BYOB, 7:30 Speaker Share Cruising Plans Jun. 11-13 Manzanita Bay Anchor Out Cruise
JULY	AUGUST	SEPTEMBER
July 3 Northwest Catalina Regatta (formerly Catalina Days) CYC – Shilshole July 10 CYC Shilshole Jack & Jill Race NO MEETING GONE CRUISING	Aug. 6-8 Langley Cruise (Dodge the Bayliners) Aug. 12 <i>Monthly Meeting Thursday evening</i> CAPS Birthday Meeting – Potluck/ Cake – Hamel's	Sep. 3–6 CAPS & CATSS Poulsbo Cruise Sep. 10 <i>Monthly Meeting Leschi</i> 7 PM BYOB – Speaker Sep. 11 Mid-Distance Race #4 Sep. 17-19 CAPS & CATTSS Catalina Rendezvous at Port Orchard
OCTOBER	NOVEMBER	DECEMBER
Oct. 1-3 Crab Cruise at Everett Guest Dock Oct. 8 <i>Monthly Meeting CYC</i> Leschi, Sat. 7:00 PM, BYOB, 7:30 Meeting Speaker	Nov. 12 <i>Monthly Meeting CYC</i> Leschi, 7:00 PM, BYOB, 7:30 Speaker, Elections HAPPY THANKSGIVING	Dec. 11 Annual Christmas Party Potluck and Gift Exchange (Boat Gift and/or White Elephant) Dec. 31-Jan. 1 Elliott Bay New Year's Cruise

ANNUAL AWARDS BANQUET INAUGURATES NEW TROPHY AT RIB-TICKLING GATHERING

A congenial group of CAPS members came together on the East Side this time for the Annual Awards Banquet. Tony Roma's in Redmond was the site for a festive feast with exotic drinks (indulged by at least one of the officers to her giggling approval), great hot wings, chicken tenders, deep-fried mozzarella and onion ring hors d'oeuvres (bought by CAPS) and rounded out with individual meals ordered off the menu. The restaurant supplied waiters to take our orders and didn't quibble about separate checks — a much-appreciated feature!

After social hour and the dinner which brought out not only the Orca folk (at last) but a couple of wives who don't usually take part in the cruises or meetings (we'd like to see them more often), Nancy McKenzie did her famous whistle, and Paul McManus was able to get under way with the Awards part of the gathering. First he gave out the certificates to the out-going officers and expressed his thanks for their help. Mike McCann gave the **Cruise Boat Award** to **Auntie Beryl**, Paul took the gavel back to give the Race Boat Award to out-going Measurer Ken McKenzie's (and Nancy, who cleverly never races) **Scotch & Soda**, and he presented "**Boat of the Year**" to **Aerie**, Dick and Peg Eagle's new boat.

Now came the fun awards. First the "**Wrong Way Corrigan**" was passed on by Skip Meisch (who earned it by losing his rudder while trying to race around Whidbey Island) to John Hamel, who confessed that he had told his friends in the dinghy (when on an innocent garbage run to Boston Harbor in South Sound) to turn *left* rather than *right*, and finally met up with them in Filucy Bay four hours later. What he left out was that the boat was then under tow by another dinghy because they thought they had run out of gas; it turned out that the vent to the tank was closed and the

poor engine just could suck any more sustenance out of the already collapsed tank!

The "**Broken Prop**" was handed on by Jim Hettinger (who had dropped his Auto Pilot into the water last year) to Bob Armstrong who, by his own admission, in print in *CAPS Eyes*, had all sorts of mishaps while under sail, but always lived to tell the story!

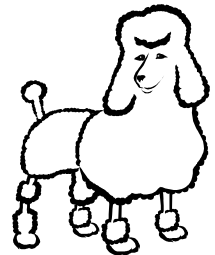
Nancy McKenzie was at a loss for the next owner of the "**Dead Head**" until someone tattled that her tablemate, Dave Fend, had actually hit another boat. Can't hide under the table, Dave. Since it was Dick Eagle's boat, he, too, had created a trophy just for Dave made out of the anchor-modified stanchion from **Aerie**. **DeFender** had no defense!

The last Award was a happy surprise. Dick Eagle related that at the officers' meeting in December it was decided that there was one member who deserved to be formally recognized for light-heartedly and consistently narrating his misadventures in *CAPS Eyes*. Gordon Ellis pulled out of his garage a trophy of which he had been the last recipient in the now defunct C30 group, The Murphy Award, (relating to Murphy's Law stating basically that if something can go wrong, it will) which was quite elaborate, complete with driftwood and an "Old Salt". All that was necessary was to add a small poodle. The new "**Sailing with Bob**" Murphy Award was ceremoniously presented to its namesake Bob Armstrong, with the caveat that it will retain his name even when it is passed on to a new recipient. Finally, Gordon Ellis took his place at the head of the fleet (although his request for a tri-corner Commodore's hat was turned down) and he asked for nothing less than just as good a year as the last one had been. And a good time was had by all....



Some people are acquiring quite a collection of certificates.

It totally behooves us to clearly mention that none of this would have happened without the sterling efforts of Carol McManus. CAPS is truly grateful!



Punkins never did have a hair-cut like this, but he should be getting his own **Rubber Ducky** since he spent some time in the water at Langley!

CAPS RACE SERIES SET FOR 2004

By Steve Malan – CAPS Measurer

The 2004 CAPS race series has been set; the race series consists of:

- March 20-21 Meydenbauer Bay YC Spring Regatta
- April 3 Sloop Tavern Blakely Rock Benefit
- May 1 Milltown Sailing Association Mid-Distance Race #3
- July 3 Northwest Catalina Regatta
- July 10 Corinthian Yacht Club Jack & Jill Race #3
- Sept. 11 Milltown Sailing Association Fall Regatta



This object has been designated as Scotch and Soda's ornamental rudder-assistant for this season.

The addition of a Jack & Jill race adds a new dimension to this racing season. Steve is issuing a challenge to all First Mates, and at least one Captain.

Those skippers who have participated in the series in the past may notice the addition of a race this year, the CYC Jack & Jill. This is an effort to involve

C30s SHOULD CHECK THEIR DISCONNECTS

This quick tech tip for C30s with Atomic 4 engines, comes courtesy of Rod Sparks via Moyer Marine's FAQ section in www.moyermarine.com.

I'm not sure how many hundreds of these wonderful boats were produced between the mid-70s and early 80s, but they all came with a 16 foot wiring harness between the engine and the control panel. These harnesses contain three Medallion quick-disconnects, and each of the disconnects contains 8 separate electrical male/female plug connections. Virtually everything (electrical) that the engine needs to start, and to keep running, must pass through these connections.

Two of these connections are easily inspected; one located at the engine and the other immediately behind the instrument panel.

The third quick-disconnect is hidden under the cabin sole, about where you

those of the distaff persuasion to take part in the racing season. Another deviation from past years is that we will include results for boats participating in the flying sails divisions. There may be one more change; at the time of this notice the CAPS measurer has yet to determine if it is in his power to insist that **Scotch & Soda** be required to drag an anchor during all races (sad part is that I'd probably still lose!).

In addition, Dave Fend has issued an invitation (challenge!?) to participate in Meydenbauer Bay Yacht Club's Mini Regattas (read Frostbite series) on Lake Washington January 24 and February 28. Although this newsletter is too late for the first one, check www.mbycwa.org if you are interested in the February races.

Detailed information on each race and race results will be provided in future newsletters, as well as the CAPS web site (www.capsfleet1.com).

would stand to use the galley sink, and it can only be found by removing the square wooden access panel through which the stuffing box of the prop shaft is serviced. In our own Catalina 30, this third quick-disconnect was lying in a puddle of bilge water, and the contacts themselves were corroded to the point that two of them pulled apart as I tried to separate the two halves of the disconnect.

I doubt that we have reached more than 20 Catalina 30 owners to alert them to this problem. Assuming that there were 500 of these boats built during the ten years of their production, we are talking about 1,500 quick disconnects, times 8 pins each, or 12,000 individual circuits. With 4,000 of these individual pins potentially lying in a puddle of bilge water (one of which is for the primary ignition circuit), I think you can easily understand why we would be asking for your help. *[Of course this means "pass it on, guys! Thanks, Rod. Ed.]*



Yet another golden opportunity to drop one of these into the bilge!

MIGAEEL SCHERER, AUTHOR OF PUGET SOUND CRUISING GUIDE, TO SPEAK AT FEBRUARY MEET

By Gordon Ellis and Cynthia Jones

CAPS has a fabulous program scheduled for February 6. Migael Scherer, author of *A Cruising Guide to Puget Sound*, *Sailing to Simplicity*, *Still Loved by the Sun: A Rape Survivor's Journal*, and *Back Under Sail Recovering the Spirit of Adventure* will be our guest speaker. This is a woman who built a boat with her husband, sailed it to Alaska, and lived on it. She knows and loves boats and sailing.

Her latest book, *Back Under Sail Recovering the Spirit of Adventure* is the story of her participation in the Admiralty Island race in Alaska. If you like stories of sailing adventure, this book is for you. This is no Blakely Rock Race. The boats are out for several days circumnavigating Admiralty Island. Weather conditions change rapidly and at times the waters are treacherous. The race is a test of courage and endurance, as well as skill and strategy. Migael is a writer who holds your attention. She puts the reader right in the experience of the race, from start to finish. As a reader, you walk away with a great vicarious experience of Alaskan sailing.

Back Under Sail is not only a great book for sailing aficionados; it is a book for anyone who has ever risen to face life's challenges. Migael was raped, stabbed, beaten, choked and left for dead in a Seattle laundromat. Participating in the Admiralty Island race was part of the healing process for Migael to overcome pervasive fear and reconnect with that strong and competent Migael that she

was before the rape. As she writes about the race, Migael reflects on her life and the lives of those around her. Migael holds nothing back in her honesty with herself and her reader. She writes about the really important things in life; friendship, loyalty, courage, cooperation, self-reliance. What emerges is an appreciation of the courage with which many people are living their lives and embracing life with all its ups and downs. The story of the Admiralty Island race is both a story in itself and a metaphor for facing life's challenges. She says on page 200:

Racing around Admiralty Island reminded me of what I had long known: You use wind to go forward, even when it's against you. Tack back and forth, resist with the keel, that deep hidden part of the hull. Pay attention, study the charts and currents, watch the weather. Reduce sail, seek shelter, make repairs — every crew has its limits. But keep going forward.

Back Under Sail has a message for everyone, whether you love sailing or not. If you have loved a friend, felt fear, or faced any challenges in life, this book will touch you. It is a powerful story of fellow human beings overcoming adversity, connecting with others, and moving forward. It is also a fascinating tale of sailing adventure in Alaskan waters.

So do yourself a favor and come to the February meeting. Migael is a knowledgeable and experienced sailor. She has sailed the waters of Puget Sound as well as Alaska. And she is a master story teller. Don't miss this opportunity to hear her speak.



Sailing in Alaska gets pretty wild and woolly sometimes, what with being surrounded by mountains, bergy bits and whales, not to mention inclement weather!

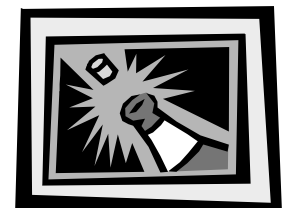
*Migael Scherer
is the kind
of sailor
who
takes control
of her boat
and shows us a way
to put our lives in
order, too.*

NEW YEAR'S CRUISE INTIMATE AND BRIEF

'Twas a chilly, inclement New Year's Eve down at the Elliott Bay Marina. George Fogg and Linda Loux were cruise hosts on **Bronwen** at K-Dock where only a few ventured out. Paul and Carol McManus and John and Luanne Billings joined them for an evening of pleasant conversation, but the Billings left before midnight. Gordon Ellis and Cynthia Jones took their place, and the

three couples saw in the New Year for CAPS despite a somewhat disappointing display of fireworks from the Space Needle. At least they could see them this year!

The party broke up shortly thereafter, and guests went home to warmer and cozier beds (and we don't actually know if George & Linda stayed to spend the night on the boat)



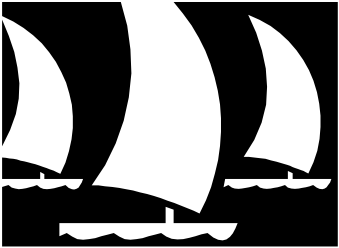
We're assuming that one or two corks got popped at this cruise.

THE ALL CATALINA ASSOCIATION OF PUGET SOUND

Please fill out this form completely. The data generated will be used to fill the database and to provide you with a roster (in May), newsletter (almost monthly), and Mainsheet (quarterly). Dues for 2004 are \$39/boat/family for voting members and \$29/family for those who do not own Catalina sailboats or owners who receive Mainsheet from another source.

Owner First Name	Owner Last Name		
Significant Other First Name	Significant Other Last Name		
Street Address	City	State/Province	Zip/Postal Code
	Country		
Home Phone	Work Phone/Cell Phone		
FAX	E-Mail		
Boat Name	Catalina Model	Year	Hull Number
Home Port	Slip Number	Call Sign	Radio License Number
Name(s) of any local yacht club(s) you are currently a member of :			

Please return this form to Carol McManus, 20216 41st Place NE, Lake Forest Park, WA 98155,
with your check made out to CAPS.
You may also buy a CAPS Burgee from her for only \$26, but make she has some before you send that amount.



CAPS

18525 26th Ave. NE
Lake Forest Park, WA 98155

