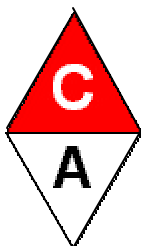


CAPS

The All Catalina Association of Puget Sound



- CAPS sailors keep on coming to gunkhole
- Clawson's tackle the San Juans in six days
- Rendezvous in Port Orchard back in CATSS' lap

POULSBO LABOR DAY CRUISE IS ANCHOR-OUT; TOO MANY STINKPOTS AT THE DOCK!

Well, our "agreement" with the dockmaster last year still didn't get us anywhere in saving some slips for our Labor Day Cruise Aug. 31– Sept. 3, so we'll just tie up together and have a good time anyway! We're getting so good at it, and between anchor man and anchor woman we won't drag a bit!

Poulsbo is still too good to pass up, and the town with its shops and restaurants is an easy one to cruise to — even the tallest masts in our group can get under the Agate Pass Bridge at high tide.

Bring your favorite *hors d'oeuvres* for the potluck on Saturday (which, for most, ends up being dinner); groups will form up for various restaurant sorties on other nights, and the red wine will flow freely as usual!

Remember, the first one there gets to set the anchor which will determine how the rest of the raft forms; if you're fussy be first, if you're lazy be last! However, you may end up rowing your anchor out to who knows where...so be forewarned, but **be there!**

MASTER & COMMANDER GURU TO SPEAK AT SEPTEMBER 14 MEETING AT CYC

Captain Andrew Reay-Ellers is out to sea right now delivering a boat, but, "Lord willin' 'n' the crik don't rise," will be there to be our speaker at the September 14 meeting at CYC. Norm Wells has suggested that some of you might want to see the movie (which he owns) before the meeting. If so, please contact him so he can show it

(normwells910@hotmail.com). Captain Reay-Ellers is the one who told them if it looked authentic. Before he got to Hollywood, its idea of sailing was whether the sails were up or down!

The meeting will start with Happy Hour at 6:30 at CYC-Leschi. After a brief business meeting, the speaker will talk at 7:30. Hope to see you there.

EVERETT CRUISE MAY HAVE CRABS THIS YEAR; TIE UP AT DOCK AUGUST 17-19

The annual cruise to Everett (celebrating too-many-members'-birthdays-in-August) may actually coincide again with Crabbing Season. If you're licensed, bring your pot. If you can, bring your dinghy, too. Last year we didn't do too well, but we can always hope! And bring a salad or bread, because although we're supposed to

catch the main course, and CAPS buys the corn and birthday cake, we need some health food, too.

It is crowded at the guest dock, but we always manage to tie up, with most of us on the inside. The current can be fast, and speed boats make more wake than we want, but outside isn't that bad for sleeping. *[Been there, done that. Ed.]*

CONTENTS

Commodore's Corner	2
Gunkhole Cruise	3
Rendezvous	3
Loux's Lasagna	3
Lois's Cholesterol Orbs	6
Clawson's San Juans	7
EnCAPSulated Calendar	7
Kathy's Ginger/Cheeses	8

COMMODORE'S CORNER

By Jim Fielder



Jim thinks the shortest distance from A to B is Z.

***Cruising is
Half planning
And half punting.
But if it's done right,
It's all fun.***



On your editor's boat, she cooks, he cleans up, she docks, he jumps, she reads, he sleeps. Sounds like a good division of labor to me!

Wow, the summer is almost over! By now I hope that you've had the time to go cruising or have your cruise in your near future. Carol and I have had to forego our summer cruise for family pursuits this year, some planned and some unplanned; however, the bottom-line is we're home and happy to have our travels behind us. Between the two of us, we logged around 22,000 air miles and another 9,000 highway miles.

Whenever we travel, we spend a fair amount of time planning our trip. Whether it's by land or sea, we haul out those maps or charts, the guide books or browse the Internet. We plan, re-plan and plan again. Planning is always a big part of our journey. However, when a cruise is involved we have to add our meal planning to our preplanning tasks.

When we first started cruising with a two burner stove and an ice chest, the menus were a bit different from what we now can prepare on the good ship **Chinook**. Galley space and amenities like refrigeration change the shape of meal planning.

Carol and I have one other change that affected the galley duties. As soon as the ship is secure at anchor or tied to the dock, Cap'n Jim takes off his Cap'n hat and becomes the Cabin Boy Jimmy. This came about in 1988 when Carol returned to the paid workforce. I volunteered to increase my duties around the house by helping cook meals; that stuck and now I am the full-time chef. I've enjoyed the task and look forward to meal creation both at home and onboard the boat.

Okay, so that takes me to my point!

Onboard our boats, an occasional role reversal helps our crews to become better cruisers. I'll go as far as saying that it makes our crews safer as we expand our duties.

Every one of us would benefit by learning a new crew task this cruising season. Ladies, spend some time at the helm, gents offer to

take over one of the regular tasks your first mate does onboard. Swap positions when you dock or anchor your boat. Now do this with reason; don't hard over the helm in a precarious situation. Plan time to make the swap, take time to talk the task through. Make your crew successful and increase abilities and skills. Make your boat a safer place for all involved.

From the galley side of your Commodore:

Whiskey Crab Soup (serves 4-6)

This bisque style soup was named for Whiskey Flats at Dungeness Spit, the tidal flats at the Dungeness River Delta where the area was first settled. There were some whiskey runners in the area who sold bootlegged goods to the settlers.

- 2 Tablespoons unsalted butter
- 1 Cup finely chopped sweet onion
- 3 Tablespoons all-purpose flour
- 4 Cups fish stock (low salt chicken broth works)
- 1/2 lb. crabmeat
- 2 Cups half and half (consider non-fat and save the calories)
- 1/4 Cups whiskey—Chef Jimmy likes Gentleman Jack or Jack Daniels, and some extra for sipping with dinner would be fine!
- Salt and freshly ground pepper—white pepper is a nice touch here
- 1 Tablespoon chopped chives

Melt the butter in a medium saucepan over medium heat. Add onions and cook, stirring occasionally, until tender and aromatic, about 3 to 5 minutes; do not brown. Sprinkle the flour over the onions and continue cooking until evenly coated. Slowly pour in the stock and bring to a boil, stirring often. Reduce the heat to medium-low and simmer until the soup is slightly thickened, 5 to 7 minutes.

Pick over the crabmeat to insure it is free of cartilage and shell, add it to the soup with the half and half and whiskey, stirring to blend. Simmer until the soup is heated through; add some chopped chives for garnish.

Serve with warm buttered bread and maybe some whiskey to add for flavor or to sip.

From **Crab** by Cynthia Nims

TWO VERSIONS OF GUNKHOLING CRUISE; YOU DECIDE WHO GETS THE ANCHORING PRIZE

Version I by Carol McManus

(Before you read this you should know that we had so many boats coming and going and such a lot of adventures that I'm sure I didn't see or hear about everything, so please understand if I left something out. Maybe someone else also wrote an article so you'll have more than my version.) *[And someone did! So there... Ed.]*

CAPS cruisers lucked out this year with great weather for our gunkholing cruise to Port Madison, Manzanita Bay and Liberty Bay in Poulsbo. First to show up in Port Madison were Dave and Peggy Fend on

DeFender who arrived a day or 2 early and staked out a prime spot for our raft-up in the always crowded anchorage. Sunday afternoon Linda Loux and George Fogg on **Branwen**, yours truly and Paul McManus on **Sea Sea Rider**, Rod Sparks on **Wind Runner**, Gary and Sheri Wilson on **Alo**, and Mike and Lynda McCann on **Jaded** arrived. Appetizers were shared all around, hosted by **Alo**, dinners were looked after individually, and visiting back and forth during the evening occurred. Long about twilight, **North Star**, carrying Norm and Kathy Wells, arrived for what turned out to be their last cruise on **North**

Gunkhole Cruise continued on Page 4



When they're sailing somewhere they look so peaceful — but when they are rafted, all hell breaks loose!

PORT ORCHARD WILL WELCOME CATALINA RENDEZVOUS AGAIN; CALL PAUL TO RESERVE

The beautiful Port of Orchard will once again be the site of the annual Catalina Rendezvous September 21-23.. They expect us every year, but this year they want the number confirmed by our Cruise Chairman, so email Paul McManus at pc_mcmanus@yahoo.com if you plan to come. There hasn't been a lot of participation lately by CATSS, but hopefully they'll make it in larger numbers this year because they have a new cruise

coordinator.

The feature is a general dinner potluck on Saturday night. Bring a main dish, salad or dessert, but let Paul know what you are bringing so we can even things out — all desserts may be heaven, but not healthy!

Later in the newsletter is Carol McManus' article about the joys of the Sinclair Inlet; lots of changes since last year.

You know you'll have fun, so please come!

LINDA LOUX'S MEXICAN LASAGNA—INGREDIENTS ?

[Couldn't resist copying these as sent! Ed.]

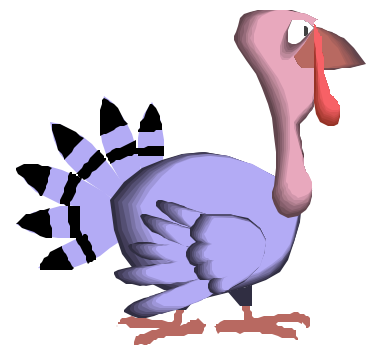
1 lb. ex. lean ground beef or turdy *[gobbler?]*
 ½ large onion chopped
 1 large clove garlic, minced
 1 ½ cups low fat cottage cheese
 1 cup fat free sour cream
 1 jar (4 oz.) chopped green chiles
 ½ cup chopped Cilantro
 2 teaspoons ground cumin
 1/8 teaspoon salt
 2 ½ cups salsa
 4 whole weeht *[exotic kind]* 6" tortillas halved
 1 ¼ cups shredded, reduced fat Monterey Jack
 Preheat oven to 350°
 Coat a 13" x 9" baking dish with cooking spray

Saute the meat until no longer pink. Put into medium bowl. Saute the onion and garlic until lightly browned. Add to meat.

In another medium bowl, combine cottage cheese, sour cream, peppers, cilantro, cumin and salt.

Spread 1 cup of salsa across bottom of baking dish. Arrange half of the tortillas evenly over salsa. Top with half meat mixture. Top with 1 cup of remaining salsa and ½ cup of Monterey Jack. Repeat layering sequence with remaining tortillas, cheese and meat mixture. Sprinkle with remaining salsa and ¾ cup Monterey Jack.

Bake for 30 minutes, or until heated through. Loosely cover with foil if the cheese browns too quickly.



Is this a turdy?

CATSS
Has got a
New cruise
Coordinator
So the Rendezvous
Promises to be
A bit more
Lively
This
Year.



And not a boat caught fire!

***Next year
We'll top 12
On our raft
Even if we have
To count the
Dinghies!***



Our anchor man is better looking than this one! And our anchor woman is much better looking!

Gunkhole Cruise continued from Page 3

Star. Having placed an ad on Craig's List Friday (before leaving on the cruise), they entertained prospective buyers from Calgary on Sunday and the deal was basically done! (They won't join the ranks of the boatless, I am happy to say, for they will be joining Windworks and chartering boats from there for our cruises.) Kudos as usual to Anchor Man, Dave Fend, who directed the placement of bow and stern anchors for the raft which broke up without incident — unlike the next two legs of the cruise!

Monday, **DeFender** and **Branwen**, along with **Wind Runner**, decided to head straight for Poulsbo. **Branwen** needed a place on the dock and found themselves right next to **Chinook** carrying Ummels and Disneys. Being captained by the cruise chair, **Sea Sea Rider** kept to the plan and went to Manzanita, rafting with **Alo**, **North Star** and **Jaded**. That afternoon Geary and Lois Long joined us on their new C400 **Seaquel**. Rod Johnston, a friend of the Wilsons and a fellow Catalina owner came in on **Spirit Wind** (the C36, which brought Gary to Bell Street). That evening **Jolly Roger** with Roger and Barb Jenkins arrived. So we had a raft-up of 7 in Manzanita, and at least 4 that we knew of already in Poulsbo. Bow and stern anchors were duly placed. Appetizers were shared aboard host boat **Alo**.

Tuesday, July 3rd, as we broke the raft, it became apparent that, despite our best intentions and attention to our anchors, some had fouled each other overnight. Anchor Man was in Poulsbo. Not to worry, though—we also have in our midst Anchor Woman! Lynda McCann, in another daring feat (last year she threw herself onto **Branwen's** head sail to keep it from going overboard in the Sooksure Race), jumped into a dinghy, handily disentangled two of the rodes before they entangled various rudders, and all was well. All was well with those two anchors, that is. Next, Anchor Woman assisted with well-timed advice as two more anchors were untangled. All that activity underneath us reminds me of what goes on in our bathroom drawer as my

lipstick, tweezers, and nail file find their way out of their basket to visit with the toothpaste, floss and comb in another basket. I put them where they belong and overnight off they go! Just like the anchors!

Similar gremlins must have been at work in Liberty Bay because as the Manzanita contingent arrive to join the Poulsbo raft, Anchor Man was busy resetting anchors there! At that time the raft consisted of **DeFender**, **Wind Runner**, and **Starbird**—somehow, while Mark Pywell and Shari Smith with their friend, and Rod Sparks had all gone into town, the raft mysteriously began to drag or swing too much. Anchor Man and his loyal assistant Peggy, were left to try to fix the problem. Gary and Sheri Wilson quickly rafted **Alo** and set out to assist re-setting and adding anchors while the rest of us took an unscheduled tour of Liberty Bay. Then, one by one, **Seaquel**, **Sea Sea Rider**, **Jolly Roger**, **North Star** and **Jaded** joined the raft. Later that day Walter and Meryl Conner on **Endless Summer** arrived. Larry and Diane VanCamp, friends of the McCanns rafted their Cheoy Lee **Wind Shadow** to our group. We had a total of 11 boats in the raft and visited with Mike and Donna Anderson (**Simply Splendid**), Jim Ventris and Shelly Syverson (**Serenity**), and Ted Klastorin (**Sea Star**) who were anchored in the bay. We also sighted **April IV** (Tim & Lorrie Brogan) and **Whisper** (former member Joe Grande).

We had a huge potluck dinner, co-hosted by the 2 C-400s, **Alo** and **Seaquel**. We owe them a big round of applause, folks, because **Alo** had hosted the two previous nights, and the two big boats hosted about 22 people the final night. **That's 22 people and at least 12 big potluck dishes.** You need to pester these people for recipes. I can't remember them all, but they were all yummy! *[I've gotten only two recipes, so be forewarned—your turn is coming.... Ed.]*

Roger and Barb passed up the potluck to

Gunkhole Cruise Continued on Page 5

Gunkhole Cruise Continued from Page 4

entertain Roger's niece and her husband, Lauren and Jeremy Blacken, who came over from Bremerton to watch the fireworks. They may have missed the potluck but they didn't go hungry — they had steaks!

The fireworks were spectacular! We were well-placed for the viewing (read just far enough from the barge and not downwind!). I don't know what happened afterwards — it was already past my bedtime so I went below.

You know, with this many people on a cruise, one does hear things...at least one person is up for a Rubber Ducky Award, and your Cruise Chair is in the running for the Toe-Boat Award, having taken off in the dinghy without the requisite red gas can and having to be towed back to the boat by good Samaritans. He could have rowed, but they took pity on him. *[I thought the award was to the tower, not the towee. Ed.]* He did redeem himself though by repairing **Branwen's** alternator.

Wednesday, July 4, was another unusually warm sunny day, although the wind was light, at least for us as we headed back to Port Orchard. While some left around 7:30 AM, others took a more leisurely departure. We all can look back happily on what turned out to be a great Gunkholing Cruise.

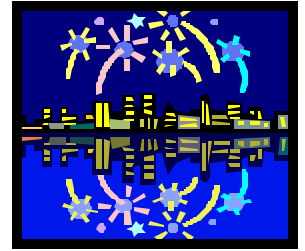
Version II by Dave Fend

DeFENDER arrived at Port Madison at noon on Friday (2 days early). We anchored and enjoyed two days of relaxed quiet time. Late Saturday we saw **Auntie Beryl** pull into the harbor so we flagged John and Sally Hamel over to raft with us. They had some neighbors with them for a short dinner cruise and we all had a nice visit, and then they departed for home. *[Story here is that we wanted a last weekend aboard before we put her up for sale. Hasn't sold yet — we may keep her after all. Ed.]* Sunday George Fogg and Linda Loux on **Branwen** arrived, then Rod Sparks on **Wind Runner**, Paul and Carol McManus on **Sea Sea Rider**, Gary and Sheri Wilson on **Alo**, and finally Mike and Lynda McCann on **Jaded**. We elected Gary and Sheri as the host boat and had a wonderful time visiting and snacking.

Monday we went separate ways; everyone wanted to go directly to Poulsbo instead of Manzanita, but Paul said they would go to Manzanita in case someone might show up! **Sea Sea Rider**, **Alo** and **Jaded** went to Manzanita while **DeFENDER**, **Branwen** and **Wind Runner** proceeded to Poulsbo. **DeFENDER** planted the first anchor and **Branwen** and **Wind Runner** rafted to **DeFENDER**. George discovered a battery charging issue on the way to Poulsbo and wanted to tie up to a dock with shore power...fortunately they found an empty dock right next to Chinook. Then Mark Pywell and Shari Smith arrived on **Starbird** and joined the raft. Mark set an anchor off the bow and Rod set his anchor off the stern. After a while Mark, Shari and Rod went to town, and wouldn't you know it, the wind picked up to 20 knots and our bow anchors were not holding adequately. I set my second Bruce (lookalike) and we held. Everyone returned and all was well. The wind settled down and we had a comfortable evening.

Sunday as soon as everyone went to town in the late morning, a light breeze picked up off our stern and Rod's stern anchor did not hold, so we turned around. Just then, **Alo** and the other boats from Manzanita showed up!! Gary decided to plant his anchor and raft up to hold us so we could then try to unravel the three anchors we had twisted. Thank you Gary for that move! After some time and magical unraveling of anchor lines we were settled again and the raft grew: Norm and Kathy Wells on **North Star**, Mike and Lynda McCann on **Jaded**, Walt and Meryl Conner on **Endless Summer**, Geary and Lois Long on **Sequel**, Paul and Carol McManus on **Sea Sea Rider** and Roger and Barb Jenkins on **Jolly Roger**. Then some friends of **Jaded** showed up with their 44' Cheoy Lee. Eleven boats in all! There was one other raft with 12 boats that we were trying to beat, but they won.

We enjoyed a potluck dinner and an incredible display of fireworks — it was great! Since we did not stop at Manzanita, I cannot comment on what happened there; from what I hear, what happens in Manzanita stays in Manzanita! *[And that's why we have two versions! Ed.]*



Who would've think that celebrating a day early could be so much fun?

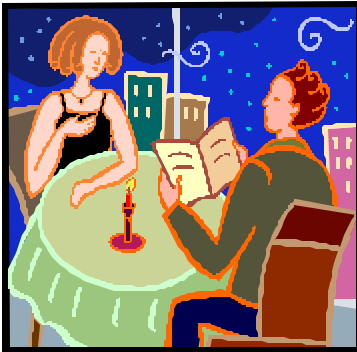
***Not all
The fireworks
Are on the barge.
We know how
To make it
Sparkle
Just
By throwing
Out our anchors!***



Look at those dinky rafts out there!

THE VENERABLE PORT OF ORCHARD IS CONSTANTLY CHANGING SAYETH THE VENERABLE MS. McMANUS

By Carol McManus



Does this remind you of your last cruise — because it's so different!

**Carol says
Much has changed
In the lovely
Port
Of Orchard.
Here's the
Rundown
Of the
Port's
Improvements,
Additions &
Subtractions**

Here is an update on Port Orchard for those of you going to the Rendezvous. Some things I told you about last year have gone away or morphed into something else. Some of this is a repeat to refresh your memories. (Bottom line: bring knives and come with a full tank of diesel.)

Several members have asked us where **Starbucks** is. We actually have 4 of them, but not very close to the marina. If you want to walk 2 miles (probably the closest on foot), you walk up the guest dock and keep going straight across Bay Street, the main drag by the marina. Go up the BIG hill about a mile to the next light. Turn left and keep walking about another mile until you get to the Safeway on the right, which has a Starbucks, or go one block further to an actual Starbucks store on the right just past the Safeway gas station. In the same strip mall area as Starbucks is the only liquor store. There is a Starbucks in Bremerton by the ferry dock that has the added attraction of being next door to a **Cold Stone Creamery Ice Cream** store and a **Quizno's**. You simply walk on the Port Orchard passenger ferry next to the guest dock, which will take you over to the Bremerton ferry dock. Walk up the steps and ask someone how to get to Starbucks. The ferry runs about every 30 minutes and the last time I was on it on a weekend, it was free. **Anthony's Homeport** has now opened over there as well. The new bookstore on Bay Street with WIFI access

has closed. There is a **wine store** next to Amy's on the Bay (see below).

There is a new knife store and last I checked the marina included a coupon good for free sharpening of 2 knives so bring a couple in case you still get a coupon.

Places to eat:

Most of the places on Bay Street that I haven't mentioned CAPS and CATSS people have been to and know about, but here are some you may not be familiar with. JJ's on the Bay, right next to the marina, is now **Amy's on the Bay**. Same décor, prices and menu, more or less. Tweten's Lighthouse restaurant has morphed into **Gino's**, leaning toward an Italian menu. It is good and can handle a crowd, but it is more expensive now. It's about .3 of a mile past the marina, further up the Sinclair Inlet. About 1½ miles past the marina, further up the Inlet, on the left, is **Fat Rascals**, one of the very best BBQ places I have ever been to. It is not the safest walk due to the busy road, but dedicated BBQ fans might want to give it a try. **Hideaway Café** is hidden under another restaurant just past the library with is just outside the guest dock. It serves breakfast and lunch and is very small, but very good. There is a **new bistro** on Bay Street, up past the movie theater. We haven't been there yet.

Caution: There is still NO DIESEL and won't be for the foreseeable future.

LOIS LONG'S HEAVENLY CHOLESTEROL ORBS

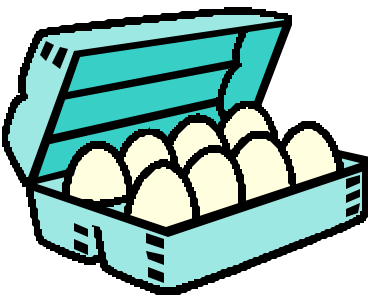
All you need is whatever you have in the galley!

One dozen eggs
Mustard
Mayonnaise or Salad Dressing
Red wine or Balsamic Vinegar
Sweet pickle juice
Salt & Pepper to taste
Paprika or some other seasoning rub (...Bubba something.

Do the usual boiling-cooling-cracking-cutting-

removing thing to prep the eggs. Now do the usual squish-stir thing to combine the ingredients with the egg yolks. Sprinkle with paprika for color.

Chef's disclaimer: I liked the taste but not the color (balsamic's fault). I should have used the inverter to fluff it all up with my electric mixer, but Bill Disney has forbidden me to even mention that we have one...so do they but Jenny doesn't know it. So I just smooshed the whole thing with a fork.



Ya start with a dozen eggs...and then do inventory of your galley!

IMAGINE — A MAIDEN CRUISE TO THE SAN JUAN ISLANDS AND THEY ACTUALLY SAILED TOO!

By Laura Clawson

Dan and I made our maiden cruise to the San Juan Islands in six days during the heat of July 10-15th. Not to gloat, but we were cool and balmy while Seattle sweated. Here is our log.

Day One: Lake Union to Edmonds. We made it as far as Edmonds due to my seasickness. Edmonds Marina is noisy—trains run and toot all night along the shore—and the restrooms are dinky. They do have a state-of-the-art weather station and good-tasting water plus shore attractions. Good for a day's stay, not overnight.

Day Two: Edmonds to Blakely Island. Leaving Edmonds at 5 AM, Dan motored (Laura slept), stopping only at LaConner. After leaving the Swinomish Channel we sailed nearly 3 hours to Blakely Island

Marina, off the northern coast, arriving a 8 PM. Shock of shocks; we were THE ONLY sailboat! "I'm a lonely little petunia in an onion patch comes to mind." Boaters everywhere are friendly and helpful, even stinkpot owners, but we felt very odd nevertheless. And a marina without masts looks odd, like a floating RV park.

Day Three: Blakely Island Marina to Friday Harbor. July 12th was cooler with high clouds and a few sprinkles. Our plan was to check out Shaw Island, have lunch at Friday Harbor, and head up to Stuart Island. Instead we learned about currents. Heading west we investigated lovely Blind Bay and innocently entered Wasp Passage. To the Skipper's consternation, the current turned us 360 degrees; it was a wild ride. The Wasp Islands looked quite dangerous but the



It is kind of steep on the south side of Stuart Island.

San Juan Cruise cont. to Page 8

This is a list of all the people who helped put on the NW Catalina Regatta:
Dick Eagle
Ken McKenzie
Bob Rosain
Carol McManus
Kathy Wells
Jennie Disney
Nancy McKenzie
Barbara Jenkins
Lynda McCann
Gayle Sparks
John Hamel
Luann Billings
John Segerstrom
Roger Jenkins
Thank you!

In the Next issue Of CAPS Eyes There will be a Complete list Of all the NW Catalina Regatta Raffle donors And a racing article. Stay tuned!

ENCAPSULATED CALENDAR (SUBJECT TO CHANGE)

<p style="text-align: center;">FOR CHANGES CHECK OUR WEB SITE WWW.CAPSFLEET1.COM</p>	<p>AUGUST</p> <p>Aug. 17-19 Everett Cruise At the guest dock Crab feast if the Season is still open And a belated Birthday cake</p>	<p>SEPTEMBER</p> <p>Aug. 31-Sep. 3 Poulsbo Cruise Labor Day Anchor-out Sept. 8 Milltown Fall Regatta Sept. 14 <i>Monthly Meeting</i> 6:30 Leschi, BYOB, Pizza \$5 Sept. 21-23 CAPS & CATSS Catalina Rendezvous at Port Orchard</p>
	<p>OCTOBER</p> <p>Oct. 5-7 Brownsville Cruise Oct. 6 Foulweather Bluff Race Oct. 13 <i>Monthly Meeting</i> Saturday Men's Cook-off CYC Leschi 7:00 PM (BYOB) Program:TBA</p>	<p>NOVEMBER</p> <p>Nov. 9 <i>Monthly Meeting</i> 6:30 Pizza, BYOB CYC Leschi Elections</p> <p>HAPPY THANKSGIVING</p>

Regatta Donors Continued from Page 7

charts were accurate and we avoided all the rocks. Heading south was another matter. The currents became wicked approaching Friday Harbor making headway difficult. When we arrived — for lunch at 4 PM — we were too tuckered out to go further. Dinner at Front Street Ale House revived us. Their menu is unusual and food is excellent.

Day Four: Friday Harbor to Reid Harbor. We had heard raves about Reid Harbor's mud bottom and sheltered location, a great anchorage for our first try. But we also wanted to see Prevost Harbor on Stuart's north side. As we left Friday Harbor going north, the day was gloriously warm and sunny, the current northerly, the south wind moderate and steady. Ideal conditions. For over two hours at over 7 knots we sailed downwind, wing-on-wing with the whisker pole extended to its max up the San Juan Channel, past Speiden Island to Stuart. Thrilling! Incredibly peaceful yet exciting!

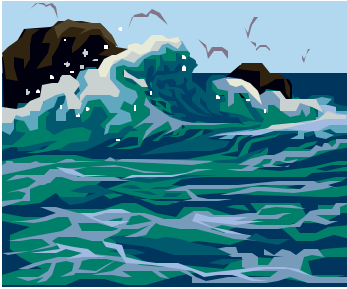
We then sailed west — right past Prevost Harbor, not recognizing either of its two entrances, and were surprised to see we had reached Turn Point on the western tip. On approach we saw the light on the point and the large Victorian era home further back. I thought of the Maine coast. The view as we rounded the point was breathtaking. Sheer rock cliffs extend down the western side. Looking south, Haro Strait seemed endless, like an ocean, and one could imagine being on the edge of the world. Turn Point is aptly named and we were not able to get to Reid Harbor going around the westerly side because of the north-rushing current. Backtracking along Stuart Island we found Prevost

Harbor and moored to the last available buoy. It was a lovely spot, warm but with a cooling breeze, and were charmed into spending the night.

Dave Five: Prevost Harbor to Anacortes. We finally made it to Reid Harbor — going around the eastern end of Stuart Island. It is large — a peaceful spot, but we did not regret staying at Prevost Harbor. We then checked out Deer Harbor on Orcas. Boats, people, store: it was a return to civilization. Still, currents and wind were not favorable as we headed south down the San Juan Channel, exploring the west side of Shaw Island. Sails didn't go up until about 2 PM in Upright Channel. At Thatcher pass a pod of dolphins cavorted ahead of us. We had seen seal and sea lions, eagles and herons along the way, but didn't spot any orcas or otters. We docked at Cap Sante about 7:30 PM in a light sprinkle that soon passed. We ate at the Brown Lantern Ale House, one of Washington's oldest pubs. Food and service was great. Their wine glasses are small versions of a beer glass.

Day Six: Anacortes to Lk. Union. Sunday was a long, tiring day of motoring. Wind on our nose. Camano and Whidbey Islands seemed interminable. When Dan finally raised sails off Pt. Wells, the wind again shifted north. Then west. Then north. A sailor's frustration. We docked about 8:00 PM.

This cruise was a learning experience! Motoring to Anacortes is a *long* way to motor. Six days is *too* short. Currents are either friend or enemy. We *need* a self-furling jib. What you see isn't what you expect to see from reading the charts: you have no depth perception. Marinas shore power is not uniform. **When wind, weather and current are perfect, sailing is heaven on earth.**



And it looks so benign when it comes out of the tap.

***In the
Next issue
Of CAPS Eyes
There will be a
Complete list
Of all the
NW Catalina Regatta
Raffle donors.***



Everything goes well with wine — especially cheese and crackers!

KATHY WELLS' CHEESE & GINGER SPREAD CRACKERS

Ingredients:

Box of favorite crackers (I use water crackers or Triscuits

Trader Joe's Ginger Spread

Black Diamond white cheddar slices (aged 1 year—available at Trader Joe's or find

equivalent at other upscale stores)

Spread crackers with ginger spread. Cut cheese slices in quarters or sixths and place on top.

Chef's note : I am not crazy about strong ginger but love these.
