



Catalina Association of Puget Sound Newsletter

October 2010

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Alo And the Moon
Photo by George Fogg

Commodore's Corner: Political Tacking

By Rich Lerz

As I was returning to Anacortes today from the Foulweather Bluff race, I looked online to see if the results had been posted. I quickly located Sol Pacifico's standing, and then moved on to the results of others I know. It was then, this funny thought popped into my head about how regatta race results can be manipulated, depending how they are presented. This in turn, reminded me of the commercials for the upcoming congressional elections and how comically slanderous information can be represented, for example Dino Rossi vs. Patty Murray ads. So with that in mind, here is how I summarize my race results to date:

"While continuing to hold down a strong challenge during the June 2010 CAPS Regatta, to the shock and disbelief of the crowd, Sol Pacifico disappointingly slipped into last place. Gaining momentum and experience, the determined crew of Sol Pacifico returned in force to a whopping finish of 16th out of 32 in the Northern Century Race 2010. Approaching the starting line of the Foulweather Bluff Race, Rich and crew were greeted by long time, highly seasoned racers, Tom Madden on Star Trek II and Ken McKenzie on Scotch and Soda, each showing significant trepidation at Sol Pacifico's attendance, while offering up seemingly genuine advice like, "Rich, did you remember to fill your water tanks?" Indeed I did, and according to the race results, it proved helpful. Ken McKenzie sprinted across the finish line driving the caboose. That's right, last place. And Tom finished only 15 minutes ahead of Sol Pacifico. Are Ken and Tom losing their edge, or is it that experience is continuing to prevail, aboard Sol Pacifico? Folks, with race results continuing to impress, my bet going forward is on Sol Pacifico!"

How does that sound? Sure beats CAPS Regatta - Last; Northern Century – 32 started, 16 completed – Last again; Foulweather Bluff – Second to last (oh, and Ken and Tom weren't even in our fleet **). See everyone Saturday for the Crew Cook-off!

** - Ken finished last in his fleet.

The October CAPS Crew Cook-off

It's time once again for the CAPS Crew Cook-off on Saturday 10/9 at the Laurel Park Clubhouse! The categories are:

- QAEOPW (Quick and Easy One-Pot Wonder) aka Fill Your Belly (hearty fare)
- Nautical but Nice (fancier, but you can make it on a boat, even if you mess up every utensil in the galley)
- Grub for Geezers (your doctor would approve but it still tastes great)
- Sweet Rewards

So, come hungry, bring your entry with a label indicating category and recipe, and bring your favorite beverages.

November Meeting Program

By Jack Henderson

For the November meeting, let's plan on having CAPS members share stories about their summer cruise. I am asking for volunteers to share the highlights (and lowlights!) of their summer sailing adventures! Please send me an email (jrh.mbh@gmail.com) if you have stories to share.

Poulsbo CAPS Weekend

By Margaret Henderson

The Labor Day weekend began warm and sunny on Friday, a good omen for the days to come. Jack and I motored the entire way from Everett to Poulsbo, and Joe and Evelyn were, as promised, on the dock greeting and assisting incoming CAPS boats. Barb and Roger on Jolly Roger, Betty and John on Starbird, Sally and John on Auntie Beryl, Sally and John MacDonald on Great Scott, Rod on Wind Runner, and Carol and Paul on Sea Sea Rider, all arrived on Friday afternoon. Dick and Rosie Engle from CATS joined us as well, and everyone gathered on Joe and Evelyn's for enough appetizers to fill up the crew of an aircraft carrier. It seemed that the more everyone ate, the more the food would appear, as Evelyn and Joe were down in the galley passing



up tasty snacks as fast as they could come out of the oven. No empty stomachs that night. Even Ruby, Sally and John's lovely dog, joined Jack and Rod for a small snack. After the huge quantities of food consumed on Joe's boat, most of us seemed to find enough room in our stomachs for ice cream up on the main drag. It definitely was a delicious way to end the day.

Saturday morning began slowly, with people relaxing and visiting, talking boat stuff, going to the farmers market, or walking around town looking at pricey art in all the little shops. The Poulsbo farmers market is a very nice, small market and a little out of the ordinary. There was a cooking demonstration going on, live music, a lady selling unique topiaries in the shapes of frogs, dogs, and lions; of course veggies, honey, fish, and flowers were also available. Around town, traffic was light and the crowds weren't overwhelming. (This was not to be the case for Sunday, however.) Later on Saturday Gordon and Cynthia on Blythe Spirit, and David and Laurie on Sweet Sue II arrived; only then could Joe relax a little with no more boats coming in, although he did make sure to reserve enough seats for dinner at That's A Some Italian Restorante. At dinner, huge portions of yummy Italian food were served, and the warm, friendly ambiance of an old-fashioned Italian restaurant enhanced everyone's meal.

Carol and Paul had brought fixings for mimosas, so on Sunday morning, as if we hadn't had enough to eat by then, everyone gathered up at the park gazebo for lots of delicious bakery items and mimosas, only to be followed an hour later by a wholesome breakfast prepared by Joe and Evelyn on Echo. At least three pounds of bacon and two dozen eggs were consumed by this hungry group. Joe and Evelyn seem to take cooking for a crowd in stride, and this crowd seemed to be very appreciative of their cooking. John and Betty, along with Laurie and David, had heard the worsening weather report for Monday, so decided to return home Sunday midday. However, for those who stayed, the eating continued: Carol and Paul hosted a potluck on Sunday night, to which folks brought pasta salads, potato salads, a chicken dish and delicious apple pie for dessert. Towards 8 o'clock we all rolled off Sea Sea Rider and waddled back to our vessels. Whew. Hopefully no one got on the scales after they returned home.

On Monday, the weather began to deteriorate, so our little group broke up early, with Paul and Carol heading back to Port Orchard first, and the remaining boats departing by 10:30. The wind and water were fearsome in Port Madison, but once clearing the nasty, almost seasick-making waves, the Sound was fairly calm with a nice 12-15 knot wind. Hopefully most made it back to their homeport before it began raining seriously, at about 3 o'clock. After all, by that time we should have been fortified enough to endure a major Pacific storm!

Bremerton CAPS-CATSS Rendezvous

By Sheri Wilson

Weather forecast for the weekend of September 17-19: cool and rainy. Oh boy, the "summer" weather just keeps coming!! Packing will be easy, warm clothes and rain gear. But more importantly, how will this forecast affect the cruise turnout??

We left Bellevue on Friday morning under a cloudy skies but quite mild temperature, 60°, no wind and no rain, but rain down south and headed north according to the local TV channels. We had easy and fairly quick bridge openings, locks and train bridge opening for a change, finally making up for a couple trips where it was totally opposite. Alo (Sheri and Gary Wilson) arrived to the Bremerton marina and already there were Echo (Joe Sporcic and Evelyn Heaton), Branwyn (George and Linda Fogg), and R-Time (Marlene and Jim) from the CATTS group. Joe is always so nice to assist boaters at their arrival, and as usual, Joe was at our slip to assist us, and as boats arrived he was there for most everyone else as well. Thank you Joe!! Boats kept on coming!! In no particular order of arrival time: Wind Runner (Rod Sparks), Aerie (Dick and Peg Eagle), Jolly Roger (Barb and Roger Jenkins), Endless Summer (Meryl and Walter Conner), Auntie Beryl (Dan and Laura Clawson), Starbird (Betty and John Segerstrom), and Tourmaline (Lowell Anderson of

CATTS) all came streaming in! So far nine boats from CAPS were here!!! As the afternoon quickly went by we later gathered for our Friday appetizer spread and as always it was wonderful. The assortment of food was varied so there were lots of choices to try and every one of them was delicious. (Yes, I think I tried every one!!) The weather turned out nice for us all with no rain that day and the temperature mild so the time eating and socializing was comfortable.



On Saturday we awoke to sunshine with a comfortable 60° to start the day. Everyone was on their own to do whatever he or she wanted, and as it turned out the weather just kept on getting better! By the time the afternoon came some people were in shorts and lightweight shirts with NO jackets required! It was a great day for taking a walk, visiting the park, taking the USS Turner Joy tour, socializing, resting or reading as part of an unstructured day. The only optional organized part of the afternoon was the marshmallow golf competition! Unfortunately Gary and I missed it because we went on the navy ship tour and spent a lot of time there, but when we got back to the boat

we saw lots of marshmallows floating around in the marina!! Somehow, Dick Eagle managed to win the prize and, from what we heard, the participants had a lot of fun! *(AS A SIDE NOTE, WE WOULD HIGHLY RECOMMEND TAKING THE SELF-GUIDED SHIP TOUR AS IT WAS VERY INFORMATIVE AND INTERESTING.)*

Another two boats came Saturday: Blythe Spirit (Gordon and Cynthia Ellis) and Sol Pacifico (Rich and Debbie Lerz). As we later gathered on the pier Devere and Billie Lindh from CATTS had arrived by land. It's always nice to see them. As the day progressed along and we all casually returned to our boats, it was time to go to Anthony's. We walked to the restaurant under a very light mist. We had 36 people in attendance for the dinner, as a few people drove in including Gayle Sparks. I do apologize for not getting everyone's names since they made the effort to be there but we were divided up at different tables. After another wonderful meal at Anthony's we all departed in rain. While some people went and turned in, others went to do some socializing. It rained overnight, heavy at times, but our day turned out better than predicted or expected!

Sunday morning was mostly cloudy with short sun breaks and some very threatening rain clouds. After an early gathering on the pier with hot coffee and breakfast rolls provided by Lowell, it was time to bid farewell to one and all as most everyone had targeted to leave between 9:15 and 10:00. Most of us were dressed and prepared for some serious rain as the clouds looked very ominous and the wind was beginning to kick up a bit. But as we left Bremerton the clouds lightened up and then in the sound the wind kicked up a notch to 15-20 knots. We stayed under power since we had the locks and bridges to deal with and on the way we saw, waved to and passed Jolly Roger and Echo under sail! It was a perfect day for a perfect sail and they both looked so pretty and picturesque.

All in all there were 13 boats total that made the cruise this weekend!! There were 11 boats from CAPS making it the best turnout for the group to Bremerton in the last two years!!! Kudos to you all for coming and thank you very much for making the cruise such a great success! FYI, Starbird (John and Betty) belong to both the CAPS and the CATTS groups. They came to the cruise with CATTS but I included them in the CAPS boat count.



The bottom line is that sometimes you just can't rely on the weather forecast predictions. Overall the weekend was overcast, very comfortable temperatures, no wind, rain late Saturday and overnight. Sunday: very overcast, wind 15-20, mild temperature. (When we arrived at MBYC it was 72°!!)

Final forecast: A perfect fall weather weekend!

Blythe Spirit Cruise – Part II Discovering the Delights of Galiano Island

By Cynthia Jones

After provisioning at Nanaimo, enjoying the fish and chips at Troller's on the dock, and chatting with a nice family from the UK, we set sail for Dodd Narrows and points south. After going through Dodd we found that the wind was very strong. We had hoped to make Telegraph Harbor on Thetis Island, but ended up stopping sooner at the provincial park at Pirate's Cove on DeCourcy Island. The Canadians could not have been more welcoming. A guy even came out in his dinghy and volunteered to take our rope out to the ring to stern tie. Ironically, while we were here and anchored next to two large rented sailboats full of partying gas engineers from Calgary, Gordon managed to explode the propane canister on the barbeque. No one was injured, but he did blow some potatoes off the grill. Fortunately, they landed back on the boat, not in the water.

Upon leaving Pirate's Cove we spent a very l-o-n-g day tacking and motoring to Montague Harbor with the wind on our nose. John and Eleanor live on Galiano and had told us to call if we were back in the area. We did. The next day we met at the Galiano Inn for delicious pizza cooked in a wood-fired, outdoor oven. We think this is a huge improvement over the Hummingbird Pub. Like the Hummingbird, the Galiano Inn runs a free shuttle from the marina at Montague Harbor, but their bus has brakes. Don't bother to ask the people in the store/restaurant at the marina about the shuttle as they claim not to know much about it. We got the impression that they would rather have us eat in their restaurant. You can find information on the shuttle schedule at the bus shelter near the old ferry dock and you can catch the shuttle either at the bus shelter or at the fork in the road where you catch the Hummingbird bus.

The Inn is located in a beautiful waterfront setting with fabulous gardens. Evening meals are reputed to be expensive, but first class. The Galiano Inn offers a moderately priced lunch menu consisting of various gourmet pizzas cooked in an outdoor wood-fired oven and beverages of your choice. These are served in a charming outdoor café next to the water and you can stroll the gardens as well. If you go for lunch, be sure to look inside the inn and check out the mosaic mural created as a collaborative effort by local artists, including Eleanor. There is also some beautiful, original art and handcrafted jewelry for sale there, so bring your credit card. When we were leaving the Inn, we saw that there was a little shopping area with ice cream within easy walking distance. If you wanted a change of scenery from the marina, it would be simple to take the bus to the Galiano Inn, go to the shopping area, and then catch the bus back to the marina from the Inn.

After lunch we went to John and Eleanor's very charming house on Whaler Bay. There I was lightly stung by a bee/wasp that I accidentally brushed from my hair with my finger. It was not too bad and I recovered in 36 hours. John drove us up to a park at the top of Galiano Mountain where we had a lovely panoramic view of the islands and Active Pass. We could see all the way to the Olympic Peninsula. It was much fun to visit with them and to learn more about the island. I especially enjoyed seeing Eleanor's art studio, her paintings and garden. FYI, John and Eleanor's favorite restaurant on Galiano is within walking distance of the Montague Harbor Marina. It is called LaBerengerie and has a fixed-price, four course meal for \$32.50 that they say is wonderful. LaBerengerie also has a less expensive lunch café called LaBoheme. You can find a sign for LaBerengerie and LaBoheme at the fork in the road where you catch the bus for the Hummingbird Pub. We have not explored these yet. Maybe we will next year.

In the morning we headed to Sydney, stopping for a couple of hours at Russell Island, which had been highly recommended by John and Eleanor. This is one of the newest provincial parks and is not well-known. It has a little house built by the Hawaiian family that homesteaded the island. In the summer the great grandchildren of the family vacation in the house and act as hosts. You can come inside the house, see photos, and learn about the history of the island. Then you can walk around the homestead and the island. It was very interesting and well worth taking the time to stop.

From Russell Island we headed on to Van Isle Marina with the specific intent of having dinner at the nearby Blue Peter Pub (another of Gordon's favorite places). We also had the specific intention of being at a dock so Gordon could fix the joker valve on our toilet for various unpleasant reasons. At Van Isle we met a nice sail boating couple from Calgary, Doug and Patricia, who joined us for dinner at the Blue Peter. The food was good pub grub, but not as fabulous as it used to be. We were disappointed to learn that the pub was under new management. The next morning we went to Sydney to walk around and buy some groceries. This was our first time to go to Sydney via land transportation. Doug dropped us off early in his car. After exploring the shops, we went to Safeway, where they were, by US standards, uncharacteristically helpful. Gordon discussed sailing with the butcher there, who said he like to go to Cole Island, which we will have to check out on another trip. The butcher asked if we wanted marinade on Gordon's pork chop and went out of his way to pack our meat on ice to preserve it for our bus trip to Van Isle. A lady in the deli called the bus company to find out what our fare would be and told us where to catch the bus. When we got to the bus stop, we were again reminded of the thoughtfulness of the Canadians. Someone had left his/her groceries (3 bags) in the bus shelter. Everyone at the bus stop was concerned and a lady took them into a nearby bank. Someone else posted a sign that the groceries were in the bank in case the person came back for them. Then, when the bus came, I was counting out the correct fare and the driver just had me put in a loonie for each of us and said it would be enough. I have to say, I would be surprised if we are as nice to the Canadians in our country as they are to us in their country.

(This article will be continued in the next edition of *CAPS EYES* when you *will* learn about Gordon's brush with the law.)

CAPS Calendar

OCTOBER	NOVEMBER	DECEMBER
<p>Oct. 2 Foul Weather Bluff Race</p> <p>Oct. 9 <i>Monthly Meeting</i> Saturday Couples' Cook-off Laurel Park</p> <p>Oct. 15-17 Brownsville Cruise</p>	<p>Nov. 12 <i>Monthly Meeting</i> 6:30 Laurel Park Elections</p>	<p>Dec. 4 Annual Christmas Party Potluck and Gift Exchange (Boat Gift and/or White Elephant) Laurel Park</p>

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